

Luxe Gel Structure Base  
**LIQUID POLIGEL**

APPLICATION GUIDE



# Structure Base LIQUID POLIGEL

## APPLICATION GUIDE

### FOR NORMAL NAILS

Naturally good product adhesion

## STEP 1: Nail Preparation

- Sanitise your hands and your client's hands.
- Gently push back the cuticles using a LuxeGel Cuticle Pusher.
- Carefully remove excess cuticle with LuxeGel Cuticle Nippers if necessary.
- Shape the natural nails using a LuxeGel 180 grit file.
- Lightly remove surface shine using the LuxeGel 180/240 buffer. Do not over-file the natural nail.
- Remove all dust thoroughly.
- Dehydrate the nail plate using Luxe Gel Professional Cleanser, 99% isopropyl alcohol (IPA 99%) or pure acetone.



The nail plate should look matte, clean, and completely free from dust or oils before proceeding.

## STEP 2: Base Application

- Apply a thin, even layer of Luxe Gel Professional Clear Base (HEMA-Free or Low HEMA).
- Make sure the product does not touch the cuticles or sidewalls.
- Seal the free edge.
- Cure in Luxe Gel Professional LED Lamp for 60 seconds (or 99 seconds in Low Heat Mode for sensitive clients).



We recommend using only the LuxeGel Lamp for correct curing. If the client feels heat, remove the hand immediately and cure again in Low Heat Mode.

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### STEP 3: Liquid Poligel Application

- Apply a thin slip layer of your chosen Luxe Gel Professional Liquid Poligel shade. Do not cure this layer.
- Take a small bead of Liquid Poligel and place it in the center of the nail.
- Gently guide the product towards the cuticle area, sidewalls, and free edge.
- Build the apex and proper nail structure. The highest point should be slightly above the center of the nail for strength.
- Turn the hand upside down for a few seconds if needed to help the product self-level.
- Check the nail from all angles to ensure even thickness and correct structure.
- Cure in Luxe Gel Professional LED Lamp for 60 seconds (or 99 seconds Low Heat Mode).



The structure should look balanced and not bulky.

### STEP 4: Refining the Shape

- Remove the dispersion (sticky) layer using Luxe Gel Professional Cleanser.
- Refine the shape using the LuxeGel 100/180 file.
- Smooth the surface with a 240 buffer.
- Remove all dust thoroughly using a LuxeGel Dusting Brush and cleanse with IPA.



The surface should be smooth and even before colour application.

### STEP 5: Colour Application (Optional)

- Apply a thin, even layer of Luxe Gel Professional Colour Gel Polish.
- Avoid touching the cuticles and sidewalls.
- Seal the free edge.
- Cure for 60 seconds.
- Apply a second layer if necessary and cure again.

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### STEP 6: Top Coat & Finish

- Apply Luxe Gel Professional No-Wipe Top Coat in a thin, even layer.
- Avoid touching the cuticles and sidewalls.
- Seal the free edge carefully to prevent lifting.
- Cure in Luxe Gel Professional LED Lamp for 60 seconds.
- Allow the nails to cool for a few seconds after curing to achieve maximum shine.
- Apply Luxe Gel Professional Cuticle Oil to the cuticle area.
- Gently massage the oil into the surrounding skin.



Avoid applying cuticle oil directly onto the nail plate immediately after finishing. Oil on the surface can cause a dull or less glossy appearance.

### FOR OILY NAILS

Naturally poor product adhesion

### STEP 1: Nail Preparation

- Sanitise your hands and your client's hands.
- Gently push back the cuticles using a LuxeGel Cuticle Pusher.
- Carefully remove excess cuticle with LuxeGel Cuticle Nippers if necessary.
- Shape the natural nails using a LuxeGel 180 grit file.
- Lightly remove surface shine using the LuxeGel 180/240 buffer. Do not over-file the natural nail.
- Remove all dust thoroughly.
- Dehydrate the nail plate using Luxe Gel Professional Cleanser, 99% isopropyl alcohol (IPA 99%) or pure acetone.



The nail plate should look matte, clean, and completely free from dust or oils before proceeding.

### STEP 2: Primer

- Apply Luxe Gel Professional Acid Free Primer sparingly.
- Avoid contact with skin.
- Allow to air dry for 30–60 seconds.

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### STEP 3: Bonder

- Apply a thin layer of Luxe Gel Professional Bonder.
- Allow to air dry for 30–60 seconds.



The surface may remain slightly tacky – this is normal.

### STEP 4: Base Application

- Apply a thin, even layer of Luxe Gel Professional Clear Base (HEMA-Free or Low HEMA).
- Make sure the product does not touch the cuticles or sidewalls.
- Seal the free edge.
- Cure in Luxe Gel Professional LED Lamp for 60 seconds (or 99 seconds in Low Heat Mode for sensitive clients).



We recommend using only the LuxeGel Lamp for correct curing. If the client feels heat, remove the hand immediately and cure again in Low Heat Mode.

### STEP 5: Liquid Poligel Application

- Apply a thin slip layer of your chosen Luxe Gel Professional Liquid Poligel shade. Do not cure this layer.
- Take a small bead of Liquid Poligel and place it in the center of the nail.
- Gently guide the product towards the cuticle area, sidewalls, and free edge.
- Build the apex and proper nail structure. The highest point should be slightly above the center of the nail for strength.
- Turn the hand upside down for a few seconds if needed to help the product self-level.
- Check the nail from all angles to ensure even thickness and correct structure.
- Cure in Luxe Gel Professional LED Lamp for 60 seconds (or 99 seconds Low Heat Mode).

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### STEP 6: Refining the Shape

- Remove the dispersion (sticky) layer using Luxe Gel Professional Cleanser.
- Refine the shape using the LuxeGel 100/180 file.
- Smooth the surface with a 240 buffer.
- Remove all dust thoroughly using a LuxeGel Dusting Brush and cleanse with IPA.



The surface should be smooth and even before colour application.

### STEP 7: Colour Application (Optional)

- Apply a thin, even layer of Luxe Gel Professional Colour Gel Polish.
- Avoid touching the cuticles and sidewalls.
- Seal the free edge.
- Cure for 60 seconds.
- Apply a second layer if necessary and cure again.

### STEP 8: Top Coat & Finish

- Apply Luxe Gel Professional No-Wipe Top Coat in a thin, even layer.
- Avoid touching the cuticles and sidewalls.
- Seal the free edge carefully to prevent lifting.
- Cure in Luxe Gel Professional LED Lamp for 60 seconds.
- Apply Luxe Gel Professional Cuticle Oil to the cuticle area.
- Gently massage the oil into the surrounding skin.



Avoid applying cuticle oil directly onto the nail plate immediately after finishing. Oil on the surface can cause a dull or less glossy appearance.

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### Infills

Luxe Gel Liquid Poligel does not require a full removal each time. Infills follow the same step-by-step method as a fresh prep and application.

However, during prep, you would debulk any product already on the nails and fill the growth gap from the cuticle down.

The quickest way to do this is with an e-file safety bit. However, if you are not qualified in e-file, then carefully file away bulk or lifting of the old product with a 150 or 120 file, not touching the natural nail. Be gentle and do not overfile the natural nail, as this can cause nail thinning or pitting. Switch to a 180 file or 240 buffer for the newly exposed natural nail.

Liquid Poligel infills should be done every 3-4 weeks, depending on the growth. If left for more than 4 weeks, the product may lift, chip, or break due to pressure on the natural nail. In such cases, it is recommended to file them off and apply a fresh set.

### Removal

#### File-Off Method:

- Carefully file down the Liquid Poligel layer using a 150-grit hand file or an e-file with a safety bit.
- Avoid filing the natural nail.
- Once the product is removed, shape and buff the surface.
- Finish with Luxe Gel Cuticle Oil and hand cream.

## Want to Perfect Your Technique?

Learn more at [Luxe Gel Academy](#)

Our certified and accredited courses are designed to help you master structure, balance, and long-lasting results with confidence.

**BOOK YOUR PLACE TODAY!**